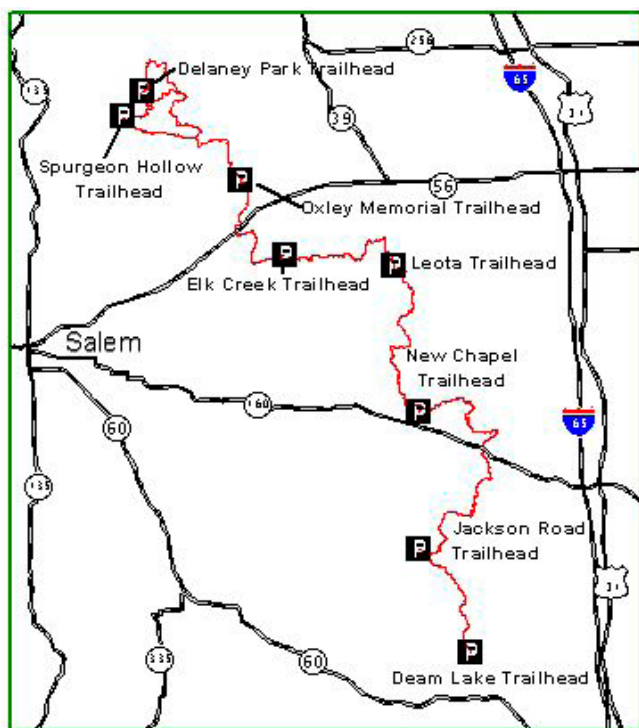


TROOP 30'S NEXT OUTING - HIKING - THE KNOBSTONE TRAIL FROM DELANEY PARK WASHINGTON CO., INDIANA NOVEMBER 5, 6, 7 SIGN UP NOW!



DELANEY PARK IS APPROXIMATELY 1-1/2 HOURS FROM LOUISVILLE. PATROL LEADERS WILL NEED DRIVERS TO TRANSPORT. CONTACT ADULT LEADERS GOING TO SECURE THEIR CAR SEATING.

WE'LL DEPART FRIDAY NIGHT, NOV. 5. SET UP CAMP AND STAY IN TENTS BOTH FRIDAY AND SATURDAY NIGHT. TEMPLE DEPARTURE IS 6:30 PM FRIDAY. WE'LL RETURN BY 11:00 AM SUNDAY.

DAY HIKING SATURDAY IN 2 GROUPS. OLDER SCOUTS WILL TAKE THE LONGER TRAIL APPROXIMATELY 10 MILES.

YOUNGER SCOUTS WILL TAKE THE SHORTER TRAIL, APPROXIMATELY 6 MILES. YOU WILL NEED YOUR DAY PACKS OR BACKPACKS WITH GEAR FOR CROSS-COUNTRY TRAIL HIKING. **THE NIGHTTIME HOURS WILL BE COLD. DRESS IN COAT AND GLOVES.** SEE GEAR LIST BELOW AND ON THE REVERSE OF THIS FLYER.

COOKING FOR MORNING AND EVENING MEALS WILL BE BY TROOP. DAY PACK LUNCHES WILL BE MADE BY TROOP ON FRIDAY NIGHT.

COST IS \$15.00

Equipment List for Scouts and Adults Leaders. Troop will supply tents, food, and guidance.

1. Day pack or Backpack
2. Duffle bag if using a day pack
3. Clothes appropriate for the season (*cold, possibly damp weather*)
 1. Hoody
 2. Gloves
 3. Beanie
 4. Complete change of clothes
 5. Underwear
 6. Pants
 7. Shirt
 8. Socks
 9. Rain Gear
 10. Flashlight(s), batteries

11. Water – at least 2 - 1-Liter (Quart) for drinking on the trail.

12. Jacket
 13. Compass (if you have one)
 14. Mess Kit
 15. Eating utensils –
- Here is what a minimalist hiker would have:*

1. Spoon (Spork)
2. Cup
3. Bowl
4. Sleeping Bag
5. Sleeping Pad
6. Personal Hygiene items
7. Towel
8. Tooth paste
9. Tooth brush

10. Soap
11. Hiking boots or good sturdy shoes
12. Shoes to change into while in camp

This goes in the day pack:

1. Rain Gear
2. Water
3. Lunch (Troop Provided)
4. Jacket or hoody

This goes in the duffle bag:

1. Change of clothes
2. Personal hygiene items
3. Sleeping Bag
4. Sleeping pad
5. Change of shoes
6. Mess kit

This goes in a Backpack:

1. All personal gear, plus day pack gear

NOTE: Comfortable Hikers & Backpackers plan on taking a waterproof pad, cushion or trash bag to sit on during lunch on the trail!



- HIKING - THE KNOBSTONE TRAIL

THIS WEEKEND'S OUTING SHOULD BE GREAT FUN...BUT COLD. AS A SCOUT THIS IS A GREAT OPPORTUNITY TO CHALLENGE YOURSELF AND "BE PREPARED".

- 1. WEATHER: FRIDAY NIGHT, LOWS IN THE UPPER 20S; SATURDAY NIGHT, LOWS IN THE LOWER 30S. BE PREPARED FOR COLD EVENINGS BY HAVING A SLEEPING BAG RATED FOR THE WEATHER. IF YOU DON'T HAVE A 30 DEGREE RATED BAG, YOU SHOULD HAVE A FLEECE BLANKET TO PUT INSIDE A REGULAR SLEEPING BAG.**
- 2. HAVE COMFORTABLE BASE-WEAR/CLOTHES TO WEAR IN YOUR SLEEPING BAG (I.E. LONG UNDERWEAR). THIS SHOULD NOT BE WHAT YOU WORE DURING THE HIKE.**
- 3. HAVE A PAD TO ELEVATE YOUR BODY OFF THE COLD GROUND.**
- 4. BRING GLOVES AND SOMETHING TO WEAR ON YOUR HEAD. MOST HEAT IS LOST THROUGH THE HEAD.**
- 5. BRING A DAYPACK WITH 2 WATER BOTTLES FROM HOME.**
- 6. WEAR LAYERS! YOU CAN TAKE OFF SOME CLOTHES (AND PUT IT IN YOUR DAY PACK) AS YOU WARM UP.**
- 7. THIS IS A HIKING OUTING. HAVE THE RIGHT SHOES AND SOCKS. IF COTTON SOCKS IS ALL YOU HAVE, YOU NEED TO WEAR 2 PAIRS DURING HIKING AND PLAN ON CHANGING OUT INTO ANOTHER 2 PAIR ON THE TRAIL DURING THE HIKE.**
- 8. BRING 2 PAIRS OF SHOES. YOU'LL WANT TO HAVE A SPARE PAIR IF YOURS GET SOAKED AND MUDDY.**
- 9. WE WILL BE SETTING UP TENTS IN THE DARK ON FRIDAY NIGHT. BRING A HEADLAMP OR LIGHT THAT CLIPS TO A HAT IF YOU HAVE ONE.**

NOTE: Comfortable Hikers & Backpackers plan on taking a waterproof pad, cushion or trash bag to sit on during lunch on the trail!